



Resources on Providing Virtual Lactation Support

Resource Listings

[Resources for Lactation Supporters During COVID-19](#) from [Lactation Education Resources](#) includes factsheets in English and Spanish, online courses, and videos.

[US Breastfeeding Committee](#) is an independent coalition of more than 100 influential professional, educational, and governmental organizations that share a common mission to drive collaborative efforts for policy and practices that create a landscape of breastfeeding support across the US.

[Black Mothers Breastfeeding Association](#)'s mission is to reduce racial inequities in breastfeeding support for black families and has several training opportunities.

Written Resources

[Telehealth Fact Sheet](#) (Lactation Education Resources)

[Teleconsult 101](#) (Lactation Education Resources)

[Virtual Lactation Appointment Tips](#) (Massachusetts Lactation Consultant Association)

Webinars/Videos

[Telehealth 101: Anatomy of a Virtual Consult](#) (Lactation Education Resources)

[Helping Families both In-person and Virtually](#) (Lactation Education Resources)

[Creating Community Online](#) (California Breastfeeding Coalition)

[Making the Shift from In-person to Virtual Care](#) (California Breastfeeding Coalition)

[Lactation Support: Incorporating Telemedicine into Practice](#) (Abbott Nutrition Health Institute)

Online Course

[Lactation Practice During the COVID-19 Pandemic](#) online course from Lactation Training

Other

[Liquid Gold Concept](#) provides remote On-Demand Telesimulation Training in clinical lactation and maternal-child care

[Podcast](#) on Telelactation Study from South Central Telehealth Resource Center

[Nest Collaborative](#) provides virtual breastfeeding consults

[The Milk Mission](#) provides virtual breastfeeding consults and classes

[22 Breastfeeding Support Groups for Black Moms](#)

[Stork and Cradle](#)