

Addressing Mental Health in BIPOC Communities: Key Cultural Considerations for MCH

April 8, 2021



Housekeeping

- All lines will be in listen-only mode
- You'll be able to unmute during the Q&A
- If you have a question for the presenters, you may also type it in the chat box
- Please fill out the brief evaluation survey after the event
- Today's webinar will be recorded
- If you encounter technical difficulties, email Jess Cohen at Jcohen@amchp.org

Objectives

- Increase understanding of the cultural context for mental health programming and service delivery in underserved communities
- Identify one strategy for addressing mental health in underserved communities

Mental Health Focus at AMCHP

Vision

AMCHP envisions a future where mental health is seen as **integral to overall health** for maternal and child health populations. In order to achieve **equitable, culturally-appropriate, family-centered, and community-relevant** care, services, and support, AMCHP will promote **integrated systems, reduction of stigma, and increased access** to mental health and substance use services.

AMCHP's Mental Health/ Substance Use Disorder Portfolio

Projects Include:

- *Promoting Innovation in State MCH Policymaking (PRISM)*
- *The Adolescent and Young Adult Behavioral Health Collaborative Improvement & Innovation Network (AYA-BH CoIIN)*
- *The Infant Mortality- Social Determinants of Health Collaborative Improvement & Innovation Network– (IM-SDOH CoIIN)*
- *The Advancing State and Urban Maternal and Child Health Project*
- *Leadership Lab - Family Leaders*

Resource Highlight

AMCHP Mental Health Corner in [Bi-Weekly Member Briefs](#)

Recent publications:

- [Housing as Platform for Treatment and Recovery: Opportunities for Title V at the Intersection of Stable Housing, Mental Health, and Substance Use](#)
- [Promoting Access to Care for Women of Reproductive Age with Mental Health and Substance Use Disorders in Rural Communities](#)
- [Screening, Brief Intervention, and Referral to Treatment \(SBIRT\) for Pregnant and Postpartum Women: Opportunities for State MCH Programs](#)



AMCHP

Connect with the AMCHP mental health team:
mentalhealth@amchp.org and use hashtag
[#AMCHPMentalHealth](#) on Twitter [@DC_AMCHP](#).

Jabina Coleman



- Licensed Social Worker and International Board Certified Lactation Consultant who has dedicated over a decade of her life to serving women, children, and families in Philadelphia
- Jabina is the owner of Life House Lactation & Perinatal Services, LLC where she provides lactation consultations, facilitates breastfeeding and provides psychotherapy to parents experiencing perinatal mood and anxiety disorders.
- Jabina is the co-founder of Perinatal Mental Health Alliance for People of Color, where the mission is to support professionals and communities of color who are treating and dealing with the complications of perinatal mood disorders.
- Jabina's work is grounded in trauma-informed care and reproductive justice.