

# RADICAL SELF-LOVE FOR EVERYBODY AND EVERY BODY

THE BODY IS NOT AN APOLOGY

THE STRUCTURE (SELLING DEFICIENCY) ⇒ SYSTEMIC RACISM

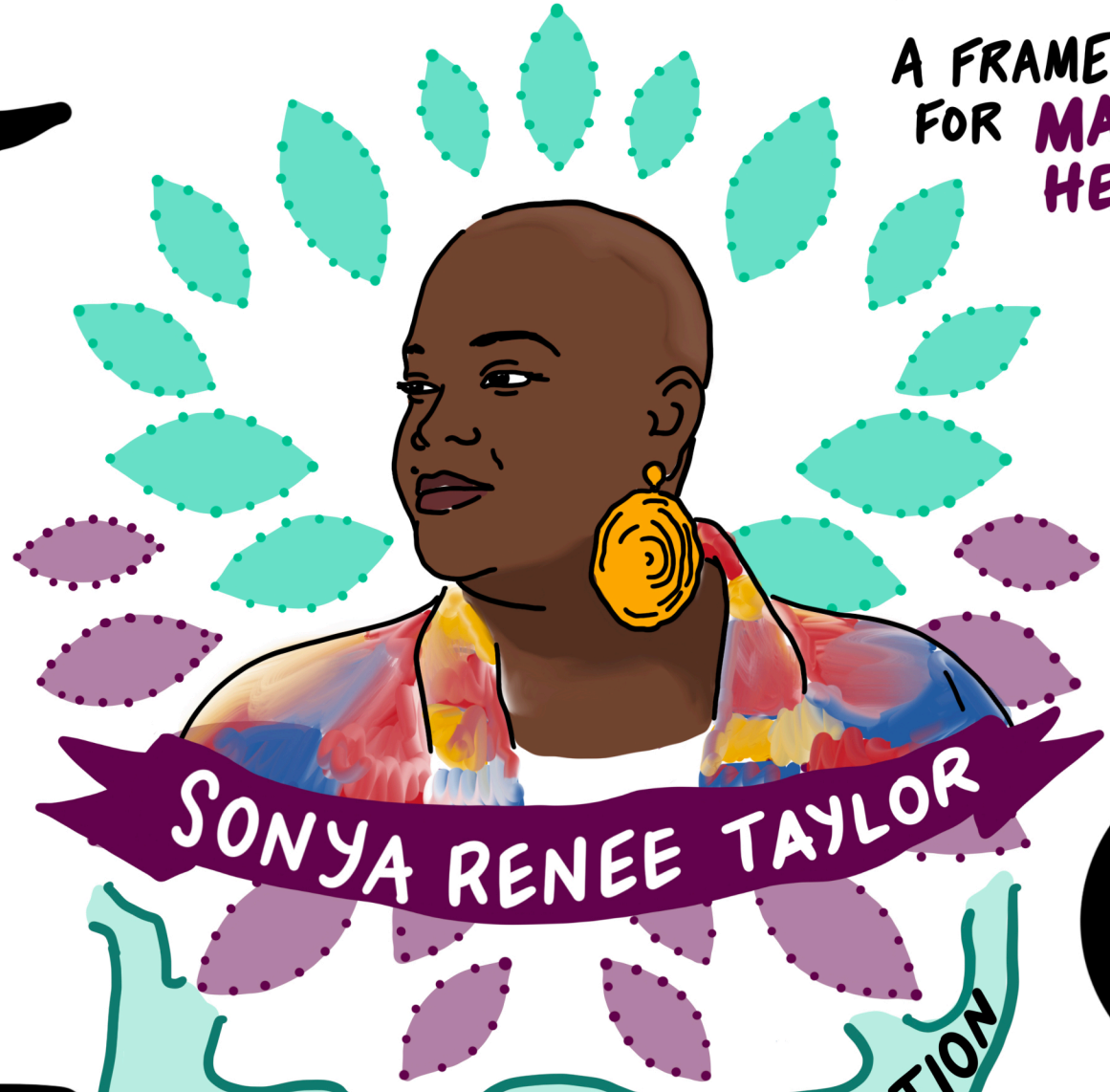
CONSTANTLY WORKING AGAINST RADICAL SELF-LOVE OUR DEFAULT AS BABIES

IN AWE OF OUR BODIES & OTHERS'



VALUE + ALLOW QUESTIONS

KIDS DON'T HAVE AS MANY LAYERS OF INDOCTRINATION ⇒ HELP THEM PEEL THEM AWAY



SONYA RENEE TAYLOR

A FRAMEWORK FOR MATERNAL HEALTH WORK

WE CAN'T CHANGE EXTERNALLY IF WE HAVEN'T CHANGED INTERNALLY

A LENS TO CREATE A MORE JUST & EQUITABLE WORLD

AS PARENTS & BIRTHING PEOPLE:

IF YOU ARE MARGINALIZING YOUR OWN NEEDS YOU ARE

CREATING A FOUNDATION OF MARGINALIZATION FOR YOUR CHILDREN

REFUSE TO BE A TOOL IN THE SYSTEM OF OPPRESSION

IF IT'S ON THE SIDE IT'S CAPITALISM

IF YOU ARE VALUING PERFECTIONISM YOU ARE NOT IN RADICAL SELF-LOVE

EXTREME MESSAGING TO FIGHT EXTREME INEQUITY

SOCIAL GLOBAL TRANSFORMATION JUSTICE

RADICAL SELF-LOVE